



Akash Totain, Ann Zimmerman, Clark Zimmerman, Adam Jaffe Back

Akash has dedicated her life to serving the guru and it brings her great joy to share the Dharma with children. Her daily meditation practice began in 2006 after attending a 10 day Vipassana course.

In 2009 she set off to India to search for a guru and by His grace she met Him in the sacred Himalayas. Her favorite words of His are, "One's tears are the greatest offering one can make to the guru." She spent over a year, total time, living in India in ashrams, engaged in focused spiritual practice. She also spent 5 years living in the deep forest, meditating with nature. Her root guru is a Kagyu lineage holder and she feels very much at home at KSC.

Now that she has 2 daughters (ages 9 and 7) she has found the Buddhist teachings very helpful for raising children.

Past experience working with children, includes: wilderness guide, day care teacher, caring for children in orphanages and teaching english to children in Guatemala.

Adam Jaffe Back is a parent to a fun-loving first grader and also a former teacher. Kindness and compassion are the central teachings that brought him to Buddhism, first at Toledo Buddhist Sangha (Zen) then Kadampa Meditation Center in Tucson, AZ. In his spare time, Adam enjoys spending time with his family outdoors and volunteering with search and rescue. He's excited to learn and practice with the Lamas, other teachers, and the Dharma Kids!

Ann Zimmerman loves meditation, children, nature, and the opportunity to be in service. Ann has lived in the Rogue Valley for the last 18 years. Ann is a healer and co-owner of Middleway Medicine; acupuncture and herbal clinic in Talent, OR and the mother of Aliya (9 years).

Ann, had the soul-shaking privilege to travel to Asia at age 18. Upon, her witnessing of the people, culture, and vibration of Buddhism in Nepal, Japan, and Thailand she had an immediate feeling of being "home."

She has since been a student of buddhism, spirituality, consciousness, mindfulness, and all things healing for the people and the planet.

Ann deeply enjoys being with children and is also a soccer coach for her daughter's team. She is a lover of the Dharma.

Clark Zimmerman has been practicing meditation for over 30 years. What began as a curiosity in his childhood as a student of martial arts, expanded into a passion as he grew into an adult. He has always been interested in the taoist idea of balance as the guiding principle in life. As one of 6 children, Clark has always been around kids. Clark spent years clowning and being a balloon man in Portland during his medical school days. He's been teaching Qi gong and meditation for over 15 years. He loves being the father to his daughter, Aliya who is 9 years old.