

December 2011

Weekly Meditations:

Tuesdays ~ 2467 Onyx St., 541-543-3404 for info

Thursdays ~ Unitarian Church - 40th & Donald Sts

Saturday Sit ~ Green Phoenix Institute

352 West 12 Avenue

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 6 pm Calm Abiding	2	3
4	5	6 6:15 pm Calm Abiding 7 pm Condensed Chenrezig	7	8 6 pm Calm Abiding	9	10 8 -9:30 am Tranquility Group & Insight Group 10 am–12:30 pm Saturday Sit Green Phoenix
11	12	13 6:15 pm Calm Abiding 7 pm Condensed Chenrezig	14	15 6 pm Calm Abiding	16	17
18	19	20 6:15 pm Calm Abiding 7 pm Condensed Chenrezig	21	22 6 pm Calm Abiding	23	24
25	26	27 6:15 pm Calm Abiding 7 pm Condensed Chenrezig	28	29 6 pm Calm Abiding	30	31