

# June 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b> 6:00 pm <b>Calm Abiding</b> 6:45 pm <b>Condensed Chenrezig</b>	<b>2</b>	<b>3</b> 6:00 pm <b>Calm Abiding</b>	<b>4</b>	<b>5</b>
<b>6</b>	<b>7</b>	<b>8</b> 6:00 pm <b>Calm Abiding</b> 6:45 pm <b>Condensed Chenrezig</b>	<b>9</b>	<b>10</b> 6:00 pm <b>Calm Abiding</b>	<b>11</b>	<b>12</b> 8:15 – 9:30 a.m. <b>Tranquility Practice Group</b>  10:am – 12:30 pm <b>Saturday Sit</b> Eugene Zendo 2190 Garfield
<b>13</b>	<b>14</b>	<b>15</b> 6:00 pm <b>Calm Abiding</b> 6:45 pm <b>Condensed Chenrezig</b>	<b>16</b>	<b>17</b> 6:00 pm <b>Calm Abiding</b>	<b>18</b>	<b>19</b>
<b>20</b>	<b>21</b>	<b>22</b> 6:00 pm <b>Calm Abiding</b> 6:45 pm <b>Condensed Chenrezig</b>	<b>23</b>	<b>24</b> 6:00 pm <b>Calm Abiding</b>	<b>25</b>	<b>26</b>
<b>27</b>	<b>28</b>	<b>29</b> 6:00 pm <b>Calm Abiding</b> 6:45 pm <b>Condensed Chenrezig</b>	<b>30</b>	<div style="border: 1px solid black; padding: 5px;"> <p><b>Weekly Meditations:</b>  <b>Tuesdays</b> ~ 2467 Onyx, Call 543-3404 for information  <b>Thursdays</b> ~ Unitarian Church - 40<sup>th</sup> &amp; Donald Sts.</p> </div>		